



Student Guide

For Social Issues



Offers for women, health, violence, debt advisement, counselling, applying for a visa and more

Preface

Dear Readers,

this information in this guide is from the 31.12.2010 and we cannot guarantee the correctness of all information.

We are aware of the fact that in today's fast moving world there have been some changes in the data which we could not take into account.

The guide should give you an idea of the wide scape of offers available.

We invite you to make the guide your personal advisor. You will find an overview of the offers and services available in the district of Kleve.

The Equal Opportunity Officer In the district of Kleve

Yvonne Tertilte-Rübo



Created in cooperation with Anica Waldendorf, Vania Faraj, Jana Hefner (Gender and Diversity Students, Hochschule Rhein-Waal) as the result of their work experience with the Equal Opportunity Office, City of Kleve.

First Numbers You Should Know:

Emergency Services Number: 112

Use this number in all emergencies concerning health and fire.

Police Emergency Services: 110

If you need the police urgently.

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1. Offers for Women

NETZ-Gruppe Kleve e.V.

Telephone: 02821/798292

Fax: 02821/798292

Rütgerstraße 4 E-Mail: netzgruppe-kleve@t-online.de 47533 Kleve Internet: www.netzgruppe-kleve.de

Offer: To take in and supervise homeless young women (16-23 years old) with the

aim of becoming independent; On-call telephone: 0152/09995587

Also refer to the Equal Opportunities Officers.

Women's Counselling Centre IMPULS

Telephone: 02823/419171 Frauen helfen Frauen e.V. Fax: 02823/419172 Voßstraße 28 E-Mail: info@FB-Impuls.de 47574 Goch Internet: www.fb-impuls.de

Offer: Counselling and support in all situations of life, focus on: domestic and sexual violence, eating disorders, stalking, bullying, counselling for problems in the family or partnerships, separation and divorce, counselling also available in Geldern,

Emmerich am Rhein und Kleve, please make an appointment.

Counselling Focus

The staff at the women's counselling centre IMPULS offer women who have suffered domestic violence professional, short term and individual support. They inform victims about the different possibilities to be legally protected and support the the victim in their forthcoming decisions and in taking the necessary practical steps. The women's counselling centre offers a sheltered environment in which women can speak about their experiences and mentally process the violence that they have suffered. The counselling is orientated towards stabilising women in a critical living situation and to develop new perspectives on life.

Offers of aid:

- crisis intervention if the police has issued a restraining order
- counselling, support and help to become stable in the case of threatening. acute or relived acts of violence
- working closely with other institutions, especially the police in the district of
- preventative measures for women and girls
- multiplication training

Women's Shelter Telephone: 02821/12201

Fax: 02821/70940 AWO Kreisverband Kleve e.V. Postfach 13 30 E-Mail: awo.frauenhaus-kleve.de@t-

online.de

47513 Kleve Internet: www.awo-kreis-kleve.de

Offer: If you are threatened, physically or mentally abused and require protection for you and your children then the women's shelter is open to you.

Help for beaten women

Every woman who is affected by acute or threatening physical and/or psychological violence can seek information and advice at the women's shelter. The counselling is free and confidential.

Hotline 02821/12201

Admittance

The admittance into the women's shelter is possible during the day and at night time, irrelevant of nationality, confession or income. Women without an income or money have a right to social benefits.

Sheltered living environment

The women's shelter is burglar-proof. The address is anonymous and is not given to third parties. If necessary there is a fast connection to the police.

Counselling, Support and Accompaniment for women and their children Professionally trained staff individually counsel women and orient themselves along the life concept of each individual women. During counselling the suffered violence can be processed and further decisions can be considered. Where it is necessary it is possible to be accompanied to authorities, doctors appointments, appointments with lawyers and court dates etc. The women's shelter supports affected women in securing an income, sorting out accommodation and the living situation, educational issues, maintenance questions, custody issues, divorce issues, issues concerning right of residency and the search for other counselling institutions.

Children that come to the women's shelter with their mothers are either directly (through physical, psychological or sexual violence) or indirectly (through an atmosphere of aggression, fear and threat) confronted with domestic violence. The appropriate handling of the crisis, supporting the children and the cooperation with schools and other institutions is part of the work with children in the women's shelter. The protection of children includes the protection from violent assault by the mothers of the children.

2. Counselling for Pregnant Women and their Options

AWO Kreisverband Kleve e.V. Telephone: 02821/8993949

Schwangerschaftsberatung Fax: 02821/8993959
Thaerstraße 21 E-Mail: beratung@awo-kreiskleve.de

47533 Kleve Internet: www.awo-kreiskleve.de

Offer: Counselling Centre about pregnancy options, partnership and sexuality.

Diakonisches Werk im Kirchenkreis Telephone: 0281/156210

Wesel e.V.

Pregancy Options Counselling Centre Fax: 02821/15650 Königstraße 7 E-Mail: info@diakonie-wesel.de 46446 Emmerich am Rhein Internet: www.diakonie-wesel.de

Offer: Counselling about pregnancy options and family planning

Donum vitae e.V.Regional Association Unterer

Telephone: 02821/979256

Fax: 02821/979257

Niederrhein

Albersallee 140 E-Mail: info@donumvitae-moers.de 47533 Kleve Internet: www.donumvitae-kleve.de

Offer: Counselling about pregnancy options, before, during and after prenatal diagnosis, after an abortion, after a miscarriage, premature birth or still birth and in case of infertility.

Sozialdienst katholischer Frauen e.V. Telephone: 02821/7513-12, -17 oder –18 Kleve (Social Services Catholic Fax: 02821/751313 Women)

Turmstraße 36 a E-Mail: info@skf-skm-kleve.de 47533 Kleve Internet: www.skf-skm-kleve.de

Offer: Pregnancy counselling and accompaniment, sex education.

3. Health

AIDS Hilfe Kreis Kleve e.V. (AIDS Help)

Fax: 02821/4608931

Telephone: 02823/8910

Telephone: 02822/51429

Telephone: 02821/768131

Regenbogen 14 E-Mail: info@aidshilfe-kleve.info 47533 Kleve Internet: www.aidshilfe-kleve.info

Offer: Information and help for the affected and family members.

Brustzentrum linker Niederrhein (Breast Centre Left Niederrhein)

Wilhelm-Anton-Hospital gGmbH Fax: 02823/891425

Voßheider Str. 214-232 E-Mail: info@wilhelm-anton-hospital-

goch.de

47574 Goch Internet: www.brustzentrum-linker-

niederrhein.de

Offer: In the certified Breast Centre Left Niederrhein all diseases of the breast are diagnosed and treated.

Diabetiker Selbsthilfegruppe (Self-

help group for Diabetics)
For type I and II diabetics

Alte 's Heerenberger Str. 4 E-Mail: h.heesch@aol.com
46446 Emmerich am Rhein Internet: www.ddb-nrw.de

Offer: Self-help group

Frauenselbsthilfegruppe nach Krebs Telephone: 02822/53330 (Women's Self-help Group after

Cancer)

Kapellenberger Weg 139 E-Mail: sfh-nach-krebs-nrw@freenet.de 46446 Emmerich am Rhein Internet: www.frauenselbsthilfe.de

Offer: Catch – Inform – Accompany/The affected counsel the affected.

Frauenselbsthilfegruppe nach Krebs Telephone: 02831/9767995

(Women's Self-help Group after Cancer)

Gruppe Geldern/Goch - Mobil: 0151/19416511

Anspechpartnerin Gudrun Gablik

Klever Straße 181 E-Mail: gudruns-aloeteam@gmx.de 47608 Geldern Internet: www.frauenselbsthilfe.de

Offer: Catch – Inform – Accompany/The affected counsel the affected. The counselling centre in Goch is on Voßheider Str. 214 in 47574 Goch

For information regarding the morning after pill and contraception please refer to chapter 12 "Medication and Emergency Services" or the pregnancy counselling centres.

4. Psychosocial Institutions

Diakonisches Werk im Kirchenkreis Kleve e.V. (Diaconal Work in the Church District)

Outpatient addiction rehab Telephone: 02823/930227

Fax: 02823/9302726

Telephone: 02821/78000

Telephone: 02823/419171

Brückenstr. 4

47574 Goch Internet: www.diakonie-kkkleve.de Offer: Help and support Internet: www.gelderlandklinik.de

Offer: The inpatient psychosomatic rehabilitation is integrated into a healthcare network, which consists of outpatient and inpatient therapy and aftercare as well as prevention and care.

Euregionales Selbsthilfe-Büro (Selfhelp Office)

Cross-border coordination and Fax: 02821/91366

counselling point for self-help

Lohstätte 4 E-Mail: selbsthilfe-kleve@paritaet-

nrw.org

47533 Kleve Internet: www.kleve.selbsthilfenetz.de Offer: Counselling, information, and mediation regarding questions about self-help

and cross-border health care. The counselling can take place in Dutch if required.

Frauenberatungsstelle IMPULS (Women's Counselling Centre IMPULS)

Frauen helfen Frauen e.V. (Women help Fax: 02823/419172

women)

Voßstraße 28 E-Mail: info@FB-Impuls.de 47574 Goch Internet: www.fb-impuls.de

Offer: Counselling and support in all situations of life, focus on: domestic and sexual violence, eating disorders, stalking, bullying, counselling for problems in the family or partnerships, separation and divorce, counselling available in Geldern, Emmerich am Rhein and Kleve – please make an appointment.

Counselling Focus

The staff at the women's counselling centre IMPULS offer women who have suffered domestic violence professional, short term and individual support. They inform victims about the different possibilities to be legally protected and support the the victim in their forthcoming decisions and in taking the necessary practical steps. The women's counselling centre offers a sheltered environment in which women can speak about their experiences and mentally process the violence that they have suffered. The counselling is orientated towards stabilising women in a critical living situation and to develop new perspectives on life.

Offers of aid:

- crisis intervention if the police has issued a restraining order
- counselling, support and help to become stable in the case of threatening, acute or relived acts of violence
- working closely with other institutions, especially the police in the district of

Kleve

- preventative measures for women and girls
- multiplication training

IJL Initiative Jugendhilfe und Lebensberatung e.V. (Initiative Youth Help and Life Counselling)

"Cafe Hope"

Regenbogen 14 E-Mail: ijl@gmx.de 47533 Kleve Internet: www.cafehope.de

Offer: Contact and counselling centre for children and youths aged 14 – 27; lunch on

Tuesday, Thursday and Sunday.

Interessengemeinschaft Krebs e.V. Telephone: 02821/976256

(Syndicate Cancer)

Contact Persons: K. Steiner und Dr. H. Fax: 02821/976256

Schmidt

Blumenstraße 9 E-Mail: ig.krebs.kleve-k.steiner@web.de

47533 Kleve

Offer: Complementary-oncological counselling, meditation and discussions in small groups, information evenings with varying topics.

Kreisgesundheitsamt Kleve -Sozialpsychiatrischer Dienst (Local health department – socialpyschiatric service)

Fax: 02821/85250 Nassauer Allee 15 - 23 E-Mail: info@kreis-kleve.de

47533 Kleve Internet: www.kreis-kleve.de

LVR-Klinik Bedburg-Hau (LVR-Clinic Telephone: 02821/813722

Bedburg-Hau)

Clinic "Haus Fahnenkamp" Fax: 02821/813794

Fahnenkamp 1 E-Mail: chistiane.thomas@lvr.de 47551 Bedburg-Hau Internet: www.lvr.de

Offer: Psychotherapy for addiction, comorbidity, hippo, sport, relaxation, swimming,

shaping, drama and music therapy.

LVR-Klinik Bedburg-Hau(LVR-Clinic Telephone: 02821/81-3790 oder -3792

Bedburg-Hau)

Addiction and trauma ambulance Fax: 02821/813795

Bahnstraße 6 E-Mail: marco.alcantara@lvr.de 47551 Bedburg-Hau Internet: www.rk-bedburg-hau.lvr.de

Offer: Treatment, assistance and care of psychologically and neurologically ill

Telephone: 02821/4608931

Telephone: 02821/85326

people.

LVR-Klinik Bedburg-Hau(LVR-Clinic Telephone: 02821/81-3713 oder -3714

Bedburg-Hau)

Station for qualified drug detoxification Fax: 02821/813796

"Jonathan"

Zur Mulde 5 E-Mail: rkbed.station19leitung@lvr.de 47551 Bedburg-Hau Internet: www.rk-bedburg-hau.lvr.de

Offer: Inpatient treatment for qualified detoxification.

LVR-Klinik Bedburg-Hau(LVR-Clinic Telephone: 02821/813050

Bedburg-Hau)

Outpatient department - Sternbuschklinik Fax: 02821/813098

Nassauer Allee 93 - 97 E-Mail: rkadam.krakiewicz@lvr.de 47633 Kleve Internet: www.rk-bedburg-hau.lvr.de

Offer: Outpatient psychological treatment.

Mobbing Selbsthilfegruppe (Bullying Telephone: 02823/419110

Self-help group)

Psychoterror at the workplace

Schulstr. 32 E-Mail: Ulrike@hemsink.net 47574 Goch Internet: www.selbsthilfenetz.de

Offer: Self-help group for the affected, relatives, partners and those interested.

Papillon Verein für Telephone: 02821/775060

sozialtherapeutische Angebote und Beratung e.V. Kleve (Papillon Association for socialtherapeutic Offers and Counselling)

Sozialpsychiatrisches Zentrum Kleve Fax: 02821/775065

(Socialpyschiatric Centre Kleve)

Sackstr. 88 E-Mail: k.Morisse@vereinpapillion.de 47533 Kleve Internet: www.vereinpapillon.de

Offer: Counselling for mentally ill people and their relatives, mediation of help offers,

crisis counselling and the individual planning of care.

5. Addiction Support

AA Alcoholics Anonymous

Familienbildungsstätte

Regenbogen 4-6

47533 Kleve Internet: www.anonyme-alkoholiker.de

Offer: The main goal is to become clean, to stay clean and to help other alcoholics to become clean. (Also in Geldern, Kalkar, Kevelaer, Rees-Haldern, Goch, Emmerich)

AHG Therapiezentrum Haus Dondert Telephone: 02832/95340

(AHG Therapy Centre House Dondert)

Sozialtherapeutisches Zentrum Fax: 02832/953440

(Socialtherapeutical Centre)

Dondertstraße 85 E-Mail: akreuels@ahg.de 47623 Kevelaer Internet: www.ahg.de

Offer: Inpatient and outpatient long-term support of men and women with chronic

addiction.

Caritasverband Kleve e.V. Telephone: 02821/720990

(Caritas Association Kleve e.V.)

Beratungsstelle für Suchtfragen Fax: 02821/720993

(Counselling Centre for Addiction)

Hoffmannallee 66a-68 E-Mail: g.engler@caritas-kleve.de 47533 Kleve Internet: www.caritas-kleve.de

Offer: Counselling for addicts and their relatives. (Also in Goch, Kevelaer and

Emmerich.)

Deutscher Guttempler Orden (German Telephone: 02821 / 93891

Guttempler Order)

Local Group "Geborgenheit (Security)" Fax: 02802/80322

Weeze

Fährsteg 6 E-Mail: geborgenheit@guttempler-

nrw.de

47652 Weeze Internet: www.guttempler.de

Offer: Information and help for alcohol and medicine addiction problems.

Diakonisches Werk im Kirchenkreis Telephone: 02823/93020

Kleve e.V. (Diaconal Work in the Church District Kleve e.V.)

Care Association Fax: 02823/930225

Brückenstr. 4

47574 Goch Internet: www.diakonie-kkkleve.de

Offer: Assistance according to the assistance law for people with psychological or

mental disabilities.

Drogeninitiative Elternkreis Emmerich e.V. (Druginitiative PTA Emmerich

e.V.)

Member of the joint welfare association Fax: 02822/9156992

DPWV

Gerhard-Stormstr. 56 E-Mail: hhxxc@t-online.de 46446 Emmerich am Rhein Internet: www.kleve.paritaet-nrw.org

Offer: Illegal substance addiction, focus on heroin consumption.

Freundeskreis Goch -Selbsthilfegruppe für Suchtkrankenhilfe (Circle of Friends Goch – Self-help group for addicts)

Fax: 02832/9716964

Telephone: 02821/72090

E-Mail: info@caritas-kleve.de

Internet: www.caritas-kleve.de

Telephone: 02823-80029

Telephone: 02822/9156988

van-den-Bosch Str. 17 E-Mail: info@freundeskreis-goch.de 47574 Goch Internet: www.freundeskreis-goch.de

Offer: Discussion group for addicts and their relatives.

Trägerverband Ambulante Rehabilitation Sucht im Kreis Kleve (Carrier Outpatient Rehabilitation Association Addiction in the Kleve of district)

Union of Caritas, Diakonie and Rhine Clinics Bedburg-Hau Hoffmannallee 66a-68 47533 Kleve

Offer: Outpatient weaning therapy/rehabilitation for alcohol and medication addiction. The counselling centre in Goch is located at Brückenstr. 4, 47574 Goch,

The counselling centre in Goch is located at Bruckenstr. 4, 4/5/4 Goch

02823/930227.

6. Violence

Der Runde Tisch für ein gewaltfreies Telephone: 02821/84279

Zuhause (The Round Table for a

Violence Free Home)

Kleve Fax: 02821/23759

Kavarinerstr. 20 - 22 E-Mail: vvonne.ruebo@kleve.de 47533 Kleve Internet: www.kleve.de

Offer: Network group for a violence free home. (Also in Goch, Emmerich, Geldern)

Deutscher Kinderschutzbund Telephone: 02822/6670

(German Child Protection

Association)

Local Group Emmerich Fax: 02822/6670

Wollenweberstr. 21 E-Mail: DKSB.Emmerich@t-online.de 46446 Emmerich am Rhein Internet: www.kinderschutzbund-

emmerich.de

Offer: Counselling for children, youths and parents, parenting courses.

Deutscher Kinderschutzbund Telephone: 02821/29292

(German Child Protection

Association)

Local Group Kleve Fax: 02821/29292

Spyckstraße 22 - 24

47533 Kleve Internet: www.dksb.de

Offer: The lobby for children in Germany.

Women's Counselling Centre IMPULS Telephone: 02823/419171

Frauen helfen Frauen e.V. Fax: 02823/419172 Voßstraße 28 E-Mail: info@FB-Impuls.de 47574 Goch Internet: www.fb-impuls.de

Offer: Counselling and support in all situations of life, focus on: domestic and sexual violence, eating disorders, stalking, bullying, counselling for problems in the family or partnerships, separation and divorce, counselling also available in Geldern,

Emmerich am Rhein und Kleve, please make an appointment.

Women's Shelter Telephone: 02821/12201

AWO Kreisverband Kleve e.V. Fax: 02821/70940 Postfach 13 30 E-Mail: awo.frauenhaus-kleve.de@t-

online.de

47513 Kleve Internet: www.awo-kreis-kleve.de

Offer: If you are threatened, physically or mentally abused and require protection for

you and your children then the women's shelter is open to you.

Help for beaten women

Every woman who is affected by acute or threatening physical and/or psychological violence can seek information and advice at the women's shelter. The counselling is free and confidential.

Hotline 02821/12201

Admittance

The admittance into the women's shelter is possible during the day and at night time, irrelevant of nationality, confession or income. Women without an income or money have a right to social benefits.

Sheltered living environment

The women's shelter is burglar-proof. The address is anonymous and is not given to third parties. If necessary there is a fast connection to the police.

Counselling, Support and Accompaniment for women and their children Professionally trained staff individually counsel women and orient themselves along the life concept of each individual women. During counselling the suffered violence can be processed and further decisions can be considered. Where it is necessary it is possible to be accompanied to authorities, doctors appointments, appointments with lawyers and court dates etc. The women's shelter supports affected women in securing an income, sorting out accommodation and the living situation, educational issues, maintenance questions, custody issues, divorce issues, issues concerning right of residency and the search for other counselling institutions.

Children that come to the women's shelter with their mothers are either directly (through physical, psychological or sexual violence) or indirectly (through an atmosphere of aggression, fear and threat) confronted with domestic violence. The appropriate handling of the crisis, supporting the children and the cooperation with schools and other institutions is part of the work with children in the women's shelter. The protection of children includes the protection from violent assault by the mothers of the children.

Child Emergeny Help Line

Telephone: 0800/1516001 E-Mail: info@kindernotruftelefon.de Internet: www.kindernotruftelefon.de

Offer: Free emergency helpline for children, youths as well as supervised chat rooms.

Kreispolizeibehörde (District Police

Kleve)

Kommissariat Vorbeugung (Commissariat Prevention) Feldstraße 37 - 39 47574 Goch Telephone: 02823/1081970 Fax: 02823/1081975

E-Mail: frank.wietharn@polizei.nrw.de Internet: www.polizeinrw.de/kleve/vorbeugung

Offer: Police counselling centre for questions regarding traffic safety, the prevention of crime and witness protection.

Kreispolizeibehörde (District Police

Kleve)

Opferschutzbeauftragter Fax: 02821/5041975

(Witness Protection Officer)

Feldstraße 37 - 39 E-Mail:

Opferschutz.kleve@polizei.nrw.de 47574 Goch Internet: www.polizei-

nrw.de/kleve/opferschutz

Telephone: 02821/5041977

Offer: Prevention, witness protection and help for witnesses and victims.

Marienhospital gGmbH Telephone: 02832/100

Basilikastr. 55

47623 Kevelaer Internet: www.de.kkikk.de

St.-Antonius-Hospital gGmbH Telephone: 02821/4900

Albersallee 5-7

Willibrordstr. 9

47533 Kleve Internet: www.de.kkikk.de

St.-Clemens-Hospital Geldern Telephone: 02831/3900

Fax: 02831/390221

Clemensstr. 6 E-Mail: verwaltung@clemens-hospital.de

47608 Geldern Internet: www.clemens-hospital.de

St.-Willibrord Spital Emmerich-Rees Telephone: 02822/730

Fax: 02822/731258 E-Mail: info@willibrord.de 46446 Emmerich am Rhein Internet: www.willibrord.de

Weißer Ring e.V. (White Ring e.V.) Telephone: 02821/9736667 Local office for the district of Kleve Fax: 02821/9736668

Brabanter Str. 52 E-Mail: k.schayen@gmx.de 47533 Kleve Internet: www.weisser-ring.de

Offer: The only nationwide aid organisation for victims of crime and their families. The White Ring is a nationwide aid organisation for crime victims. The aid offers from this charitable organisation are diverse and are adapted to the personal situation of the victim in each specific case. The volunteers are usually the first people who take care of the crime victims and with whom the affected people can talk about their problems to. A phone call, a visit in hospital, support with dealing with the authorities- simply the feeling what the victim is not "forgotten" can help the person to have new courage and hope. Someone who becomes a crime victim suddenly faces previously small issues in everyday life that are now huge. Here the staff of the White Ring give fast and non-bureaucratic help when it is needed most. Often the first consultation at a law firm is financed. The White Ring publicly supports the interests of the affected peopple and supports preventive measures.

Wilhelm-Anton-Hospital gGmbH Voßheiderstr. 214 47574 Goch Telephone: 02823/8910

Internet: www.de.kkikk.de

7. Social Help

Arche e.V. Telephone: 02823/9764434 Fax: 02823/9764436 Point of contact in Goch E-Mail: arche-goch@t-online.de Arnold-Janssen-Straße 8 47574 Goch Internet: www.arche-goch.de

Offer: Central point of contact for existential help, reading and understanding writings from the authorities, Hartz IV (welfare), social topics, cooperation with

professional counselling services.

Caritasverband Kleve e.V. Telephone: 02821/7150087 Fax: 02821/7150572 Social Counselling Kleve Küppersstraße 2 a E-Mail: w.vandekamp@caritas-kleve.de 47533 Kleve Internet: www.caritas-kleve.de

Offer: Counselling and help in personal, family and social aspects, questions

regarding social benefits.

Caritasverband Kleve e.V. Telephone: 02821/7150087 Social Counselling Kleve Fax: 02821/7150572 E-Mail: g.arns@caritas-kleve.de Triftstraße 141 47533 Kleve Internet: www.caritas-kleve.de

Offer: Counselling and help in personal, family and social aspects, questions

regarding social benefits.

Caritasverband Kleve e.V. Telephone: 02823/92863663 General Social Counselling Goch Fax: 02823/92863680 Mühlenstr. 52 (Lorenz Werthmann-Haus) E-Mail: g.arns@caritas-kleve.de 47574 Goch Internet: www.caritas-kleve.de

Offer: Counselling and help in personal, family and social aspects, questions

regarding social benefits.

Caritasverband Kleve e.V. Telephone: 02821/899390 Fax: 02821/8993929 Living Support

Briener Straße 25 E-Mail: j.toennesen@caritas-kleve.de 47533 Kleve Internet: www.caritas-kleve.de

Offer: Counselling and help for assisted living.

Caritasverband Kleve e.V. Telephone: 02821/72090

Haftvermeidung Fax: 02821/720929 Hoffmannallee 66a-68 E-Mail: schaffeld@caritas-geldern.de Internet: www.caritas-kleve.de 47533 Kleve

Offer: Counselling for fine repayment, social hours and for all questions concerning

threatening incarceration.

Diakonisches Werk im Kirchenkreis Telephone: 02821/24492

Kleve e.V.

Social counselling northern Church Fax: 02821/24492 Districit

Feldmannstege 2

47533 Kleve Internet: www.diakonie-kkkleve.de

Offer: Social counselling (Also in Goch, Geldern, Xanten)

Gemeinde Bedburg-Hau

Telephone: 02821/66055 Jobcenter in the district of Kleve Fax: 02821/66056

E-Mail: rathaus@bedburg-hau.de Rathausplatz 1 47551 Bedburg-Hau Internet: www.bedburg-hau.de

Offer: Counselling and help regarding social issues (Also in Issum, Kerken,

Kranenburg, Rheurdt, Uedem, Wachtendonk, Weeze)

Netzgruppe-Kleve e.V.

Telephone: 02821/798292

Telephone: 0157/72065168

Fax: 0121/2550462452

Telephone: 02843/9592-0

Fax: 02843/959222

Fax: 02821/798292

Rütgerstr. 4 E-Mail: netzgruppe-kleve@t-online.de 47533 Kleve Internet: www.netzgruppe-kleve.de

Offer: To take in and supervise homeless young women (16-23 years old) with the

aim of becoming independent; On-call telephone: 0152/09995587

Sozialtreff Emmerich (Social Meet Emmerich)

Bundesarbeitsgemeinschaft Prekäre

Lebenslagen – gegen Einkommensarmut

und soziale Ausgrenzung e.V. (BAG-

PLESA) (Federal Working Group

Precarious Living Conditions - Against

Income Poverty and Social Exclusion)

Königstraße 7

46446 Emmerich am Rhein Internet: www.sozialtreff-emmerich.de

Offer: For people who are affected by poverty, social exclusion and unemployment and for those who are interested in supporting one another, exchanging experiences and working together.

Sozialverband VdK (Social Association VdK)

District Association Niederrhein

E-Mail: kv-am-niederrhein@vdk.de Innenwall 51 47495 Rheinberg Internet: www.vdk.de/kv-am-niederrhein

Offer: Association of War and Military Service Victims, Disabled and Pensioners Germany – Counselling and Law and prosecution processes in all areas of social

Counselling in different towns within the district of Kleve: Further information at:

Telephone 02843/959213

Town Kleve Telephone: 02821/997990

Jobcenter in the District of Kleve Fax: 02821/99799599
Lindenallee 33 E-Mail: info@kreis-kleve.de
47533 Kleve Internet: www.kreis-kleve.de

Offer: Counselling and help in all social aspects. (Also in Geldern, Goch, Kalkar,

Kevelaer, Rees, Straelen, Emmerich)

Social Advice Kleve (Familienzentrum Christus König)

Küppersstr. 2a, 47533 Kleve

02821 - 7150087

Open consultation hours (no appointment needed):

Mon, Tue: 2:00p.m. – 4:00 p.m. Wed, Thu: 09:00 a.m. – 12:00 p.m. Also available in Kalkar, Goch and Rees

Social Advice Kleve

Triftstr. 145, 47533 Kleve 02821 – 40141

Open consultation hours (no appointment needed):

Tue: 09:00 a.m. – 12:00 p.m.

8. Debt Advisement

Arche e.V. Gocher Tafel

Telephone: 02823/9764434

Fax: 02823/9764436

Arnold-Janssen-Str. 8

47574 Goch Internet: www.arche-goch.de

Offer: Support, information and practical help (contact to authorities, mediation to

debtor, social and addiction counselling)

Caritasverband Kleve e.V. Telephone: 02821/720922

Debt Advisement Fax: 02821/720972 Arntzstraße 9 E-Mail: c.sachinidou@caritas-kleve.de

47533 Kleve Internet: www.caritas-kleve.de

Offer: Debt advisement and consumer insolvency advice. (Also in Goch, Kalkar,

Geldern, Emmerich, Rees)

Diakonisches Werk im Kirchenkreis Telephone: 0281/156200

Wesel e.V. (Diaconial Work in the Church District Wesel e.V.)

Debt Advisement Fax: 0281/15650 Königstraße 7 E-Mail: info@diakonie-wesel.de

46446 Emmerich am Rhein Internet: www.diakonie-wesel.de Offer: Debt advisement and consumer insolvency advice.

9. Contact Persons for Immigrated Men and Women

Arbeiterwohlfahrt Kreisverband (Worker's Welfare District Association)

Fax: 02821/8993959

Telephone: 02821/8993930

Wiesenstr. 31/33 E-Mail: info@awo-kreiskleve.de 47533 Kleve Internet: www.awo-kreiskleve.de

Offer: Improvement of integration possibilities.

Caritasverband Geldern-Kevelaer e.V. Telephone: 02821/720923

Ausländische Mitbürger und Aussiedler Fax: 02821/720929

(Migrationsberatung)

Foreign Residents and Emigrants

(Migrationscounselling)

Hoffmannallee 66a - 68 E-Mail: diring@caritas-geldern.de 47533 Kleve Internet: www.caritas-kleve.de

Offer: Information and help for foreign residents and refugees. (Also in Geldern)

Caritasverband Kleve e.V. Telephone: 02821/7150087

Social Educational Refugee Care Fax: 02821/7150572 Küppersstr. 2a E-Mail: s.schraven@caritas-kleve.de 47533 Kleve Internet: www.caritas-kleve.de

Offer: Social educational refugee care for asylum seekers and refugees in Kleve.

Internationaler Bund / abH Telephone: 02823/4192512

(International Association)

Betriebsstätte Goch (Goch Branch)

Counselling for teenage immigrants and Fax: 02064/4651729

emigrants

Beratungsstelle für jugendliche Zuwanderer und Aussiedler/innen

Brückenstr. 16 E-Mail:

iasmin.rhiemeier@internationaler-

bund.de

47574 Goch Internet: www.jugendmigrationsdienst.de

Offer: Vocational training support

Internationaler Bund / Telephone: 02821/7119842

Jugendmigrationsdienst(International

Association/ Youth Migration)

Counselling Centre for Teenage Immigrants and Emigrants)

Beratungsstelle für jugendliche

Zuwanderer und Aussieder/innen

Lindenallee 73 E-Mail: Petra.Wagner@internationaler-bund.de

47533 Kleve Internet: www.jugendmigrationsdienst.de Offer: Counselling for teenage migrants, German courses, intercultural competence training.

Internatioanler Bund Soziale Dienste Telephone: 02831/134820
GmbH (International Association

Social Services GmbH)

Jugendmigrationsdienst Geldern Fax: 02831/925468

(Youth Migration Services Geldern)

Am Pannofen 17 - 19 E-Mail: alfred.schmitz@internationaler-

bund.de

47608 Geldern Internet: www.internationaler-bund.de

Offer: Individual integration planning, mediation to integration language courses, socio-educational accompaniment before, during and after the integration language courses, support through group offers, job planning, intercultural training for mulitplicators.

Internationales Zentrum für

Telephone: 02821/8993937

Integration und Freizeitgestaltung (International Centre for Integration and Recreational Activities)

AWO Kreisverband Kleve e.V. Fax: 02821/8993959

AWO District Association Kleve e.V.

Goebelstraße 61 E-Mail: info@awo-kreiskleve.de 46446 Emmerich am Rhein Internet: www.awo-kreiskleve.de

Offer: Help with homework for German and foreign children, open consultation

offers, various events.

Verein Hafen der Hoffnung e.V. Telephone: 02821/582002

(Association Haven of Hope e.V.)

Verein zur Förderung der Aussiedler im Fax: 02821/582002

Kreis Kleve

Association to Support Emigrants in the

District of Kleve

Feldmannstege 2 E-Mail: info@hafen-der-hoffnung.de 47533 Kleve Internet: www.hafen-der-hoffnung.de Offer: Counselling, sport, dance, singing, traditional celebrations. (Also in Geldern)

Volkshochschule der Stadt Kleve (Adult Education Centre Kleve)

Also responsible for Emmerich, Kalkar and Rees, Bedburg-Hau and Kranenburg.

Hagsche Poort 22

Tel. 02821/7231 0
47533 Kleve

Fax: 02821/7231 11

E-Mail: vhs@kleve.de
Internet: www.vhs-kleve.de

Office hours Tuesdays 9.00 a.m. - 12.00 p.m., Thursdays 7.00 p.m. - 8.30 p.m. or by appointment: Thomas Ruffmann, Tel. 02821/7231-18; Renate Schmitz, Tel. 02821/7231-22.

Offer: Integration courses according to the Immigration Act, placement tests, orientation courses, preparation for the German Test for Immigrants (DTZ), citizenship tests; excursions and special offers for migrants; re-taking nationally recognised qualifications and advice about further training.

10. Counselling for disabled people

BetreuWo e.V. Telephone: 02821/711620

Betreutes Wohnen für Körper- und

Mehrfachbehinderte

(Assisted living for physically and

multiply disabled people)

Treppkesweg 44

47533 Kleve Internet: www.betreuwo.de

Offer: Support in outpatient assisted living in single flats, living or house

communities.

Diakonisches Werk im Kirchenkreis Telephone: 02823/93020

Kleve e.V. (Diaconial Work in the

Church District Kleve e.V.)

Care Association Fax: 02823/930225

Brückenstraße 4

47574 Goch Internet: www.diakonie-kkkleve.de

Offer: Assisted living for people with psychological, mental and physical impairments

as well as people with addictions. (Also in Geldern)

Frühförderstelle für den Kreis Kleve gGmbH (Early Assistance for the

distrcit of Kleve)

Branch Kleve Fax: 02821/78910

Bahnstraße 35 a E-Mail: info@fruehfoerderstelle-kleve.de 47533 Kleve Internet: www.fruehfoerderstelle-kleve.de

Offer: Assistance for disabled people and children threatened from disability up to their admittance into school. Assistance includes educational and therapeutic

measures. (Also in Kevelaer)

KoKoBe - Koordinierungs- Kontakt-Telephone: 02821/758023

und Beratungsangebote für Menschen mit geistiger und mehrfacher

Behinderung (Coordination-Contactand Counselling Offers for People

with Mental and Multiple Disability)

Kreis Kleve Nord / linksrheinisch Fax: 02821/758077

District Kleve North

Wagnerstraße 8-10 E-Mail: kokobe@lebenshilfe-kleve.de

47533 Kleve Internet: www.lvr.de/soziales

Offer: We counsel and inform you, your relatives or legal carer at our point of contact, at home or at a location of your choice with the focus on: personal future perspectives, questions concerning your living situation, domestic questions and other problems in everyday life, individual help planning, issues concerning authorities, job possibilities or other measures to structure daily life. The KoKoBe publishes an event calendar called "Together" every 3 months. Recreational

Telephone: 02821/93699

activities for people with and without disabilities are published. You can pick up this leaflet at KoKoBe. The KoKoBe also counsels you in questions regarding culture, recreation and sport offers in your region. (Also in Rees and Geldern)

Kreis Kleve (District of Kleve)

Department School, Culture, Severely Fax: 02821/85707

Disabled Badge

Nassauer Allee 15 - 23 E-Mail: gabriele.simek@kreis-kleve.de

47533 Kleve Internet: www.kreis-kleve.de

Offer: Issuing of disabled badges.

Lebenshilfe für geistig Behinderte Kreisvereinigung für den Kreis Kleve e.V. (Lebenshilfe for mentally disabled people - District Association for the

District of Kleve)

Ostring 22 Fax: 02823/86361

47574 Goch

Heilpädagogische Zentren (Special **Education Centres**)

LVR-HPH-Netz Niederrhein

Nördlicher Rundweg 5

47551 Bedburg-Hau

Offer: Differential support and employment opportunities, recreational and educational activities as well as counselling for disabled people who do not live in

the institutions.

SOS Kinderdorf Niederrhein e.V.

Fax: 02821/7138827 Integration service in Kleve Bensdorpstraße 14 E-Mail: winfried.jansen@sos-

kinderdorf.de

Telephone: 02821/85501

Telephone: 02823/933117

Telephone: 02821/814001

E-Mail: hph-netz-niederrhein@lvr.de

Fax: 02821/814098

niederrhein.lvr.de

Internet: www.hph-netz-

Telephone: 02821/713850

47533 Kleve Internet: www.sos-kd-niederrhein.de

Offer: Mediation and job support for people with disabilities and counselling for the

employer. (Also in Geldern)

Sozialverband VdK (Social **Association VdK)**

Kreisverband am Niederrhein Fax: 02843/959222

District Association at the Niederrhein

Innenwall 51

Internet: www.vdk.de/kv-am-niederrhein 47495 Rheinberg

E-Mail: kv-am-niederrhein@vdk.de

Telephone: 02843/9592-0

Offer: Association of War and Military Service Victims, Disabled and Pensioners Germany – Counselling and Law and prosecution processes in all areas of social law.

Counselling in different towns within the district of Kleve: Further information at: Telephone 02843/959213

11. Counselling Centres Outside of the District of Kleve

Bundsverband für Kinderbetreuung und Tagespflege e.V. (Federal Association for Child Care and Daycare e.V.)

Fax: 030/78097091
Stresemannstr. 78
E-Mail: info@bvktp.de
10963 Berlin
Internet: www.tagesmuetterbundesverband.de

Offer: Information about child daycare.

Deutscher Kinderschutzbund Telephone: 030/2148090

(German Child Protection

Association)

Bundesverband Fax: 030/21480999

(Federal Association)

Schöneberger Straße 15 E-Mail: info@dksb.de 10963 Berlin Internet: www.dksb.de

Offer: The lobby for children in Germany.

Deutsches Institut für Jugend und Telephone: 06221/98180

Familienrecht e.V. (German Institute for Youth and Family Law e.V.)

Fax: 06221/981828
Poststraße 17
E-Mail: institut@dijuf.de
69115 Heidelberg
Internet: www.dijuf.de

Offer: Forum for professional questions and to develop and support the professional dialogue between institutions and professionals, whose work is related to youths and

family law.

Die Bundesarbeitsgemeinschaft Telephone: 04475/3299828

Prekäre Lebenslagen e.V. (The Federal Working Group Precarious Life Situations e.V.)

gegen Einkommensarmut und soziale Ausgrenzung e.V (BAG-PLESA) (Against income poverty and social exclusion e.V.)

Hauptstr. 16 E-Mail: hjreglitzki@web.de 49696 Mollbergen Internet: www.bag-shi.de

Offer: Self-organisation for those suffering from income poverty

Telephone: 030/78097069

Kinder- und Jugendtelefon (Child and Youth Helpline)

Kleiner Werth 34 E-Mail: info@nummergegenkummer.de 42275 Wuppertal Internet: www.nummergegenkummer.de

Offer: The phone number against distress.

Ministerium für Gesundheit, Emanzipation, Pflege und Alter des Landes Nordrhein-Westfalen (Ministry for Health, Emancipation, Care and Age for the County North-Rhine-Westphalia

Fax: 0211/861854444
Horionplatz 1 E-Mail: info@mgepa.nrw.de
40213 Düsseldorf Internet: www.mgepa.nrw.de

Offer: Different information from the ministry for different topics.

Netzwerk Frauen und Mädchen mit Behinderung (Network for Women and Girls with Disabilities)

Fax: 0251/519051

Telephone: 0251/519138

Telephone: 02841/28600

Telephone: 0800/1110333

Telephone: 0211/861850

Neubrückenstraße 12-14 E-Mail: frauen@lag-selbsthilfe-nrw.de 48143 Münster Internet: www.netzwerk-nrw.de

Offer: Networking, information and cooperation. The network gives impulses, initiates and realises various projects and works with different institutions, associations, unions and political institutions.

Notruf und Hilfe bei Vergewaltigung (Emergency Helpline and Help for Rape Victims)

Frauen helfen Frauen e.V. Fax: 02841/28458

(Women help Women e.V.)

Uerdinger Straße 23 E-Mail: frauenhelfenfrauenmoers@t-

online.de

47441 Moers Internet:

www.frauenhelfenfrauenmoers.de

Telephone: 0201/2346-46 oder -48

Offer: Counselling for issues e.g. separation, divorce, violence, sexual violence, eating disorders, coming out and lesbian life, stalking.

PRO FAMILIA Telephone: 069/639002

Fax: 069/639852

Stresemannallee 3 E-Mail: info@profamilia.de 60596 Frankfurth am Main Internet: www.profamilia.de

Offer: Family planning information, sexual education, sexual counselling.

Sekten-Info NRW e.V. (Sect Information NRW e.V.)

Fax: 0201/207617

Rottstraße 24 E-Mail: kontakt@sekten-info-nrw.de 45127 Essen Internet: www.sekten-info-nrw.de

Offer: Information and advice regarding new religious and ideological communities

and pyscho groups, counselling and enlightenment events.

Telefonseelsorge Niederrhein (Crisis Helpline Niederrhein)

Postfach 101106 46471 Wesel

Internet: www.telefonseelsorge-

Telephone: 0800/1110111

Telephone: 069/46939700

niederrhein.de

Offer: A counselling session when one needs it most – independent of time, appointment, confession, health, waiting rooms or waiting time.

Verein für internationale Jugendarbeit (Society for international youth work)

Bundesgeschäftsstelle Fax: 069/46939821

(National office)

Burgstr. 106 E-Mail: office@vij.de 60389 Frankfurt am Main Internet: www.vij.de

Offer: We support young people abroad and accompany them with a culture

program and help youths to decide on a career path.

12. Medication and Emergency Services

General emergency services in Germany: 112

Emergency service numbers

Emergency service 11 61 17

Central emergency service for Kleve 01 80 / 5 04 41 10- 45 Central emergency service Kleve 01 80 / 5 04 41 10- 46

Ophthalmologists 0180 / 5 04 41 10 70 Dentists 01805 / 98 67 00

Pharmacies

If you need medication on Sundays or at night, there is an emergency service in Germany.

You can inform yourself about the current pharmacy or doctors with an emergency service here:

Emergency pharmacies:

www.aponet.de

Morning after Pill:

In case you need the morning after pill in Germany, you need a prescription from a doctor. You can go to a gynaecologist to get a prescription without having an appointment. In case the doctor is closed you can go to a hospital and ask for the morning after pill and they will help you, or you can go to a doctor (only at the weekend when a gynaecologist is closed!) and ask for a prescription.

In America the morning after pill is known as "Plan B"!

When to use "The morning after pill"?

Emergency contraception is a safe and effective way to prevent pregnancy after unprotected intercourse.

You may want to use it if:

- you weren't using any birth control when you had sex
- you forgot to take your birth control pills, patch, ring, or other birth control method
- your partner's condom broke or slipped off
- your partner didn't pull out in time or
- you were forced to have unprotected vaginal sex.

How does it work?

Emergency contraception pills work by keeping a woman's ovary from releasing an egg for longer than usual. Take it as soon as possible (!).

How do I get it?

All brands of emergency contraception require you get a prescription from a doctor.

- Make an appointment with a doctor
 (In the weekend call: <u>emergency medical assistance service</u>)
- 2. Get a prescription from the doctor
- 3. Go to the drugstore and get the "morning after pill". (If you are older than 21, you have to pay the pill on your own.)

Another opportunity to get the pill is to buy it in the Netherlands without a prescription at a drugstore.

In NL you always have to pay it on your own.

Since emergency contraception works better **the sooner you take** it, it's a good idea to get emergency contraception before you need it just in case. That way you'll have it on hand if an accident happens, and you won't have to worry about running out to a drugstore or waiting to get an appointment for a prescription.

For further information please visit:

http://www.profamilia.de/interaktiv/publikationen/publikationen.html and scroll down to "Pille Danach"

13. Applying for a Visa

Visa for study purposes

You would like to take up a course of studies in the Federal Republic of Germany - e.g. at the Rhine-Waal University in Kleve? Then you will possibly need a visa to enter the country!

Visa-free entry

Citizens of Switzerland, Andorra, Australia, Brazil, El Salvador, Honduras, Israel, Japan, Canada, Monaco, New Zealand, Republic of Korea, San Marino and the USA may enter the country visa-free for study purposes. They will have to apply for a residence permit within three months after entering the country. You can find detailed information for further steps after your entry under "residence permit for study purposes".

Citizens of the EU member states enjoy freedom of movement and may also enter the country visa-free. You can find detailed information for further steps after your entry under "residence permit for study purposes".

Visa requirements

All citizens of other countries need a visa to enter the country for study purposes. As soon as you have received your admission to studies, you may apply for a visa to enter Germany at the German Embassy / Consulate that is responsible for you. The same applies to applicants for a university place as well as persons interested in prestudy language courses.

There are two types of visa that are suitable for study purposes:

Visa for prospective foreign students

A visa for prospective foreign students is intended to enable prospective foreign students to acquire information concerning the studies or to fulfil the required qualifications for an application. After the admission has been obtained, the visa can be changed by the Aliens Registration Office into a "residence permit for study purposes".

Student visa

The student visa is issued to foreign students who can already present the admission to a German university, study college or supporter of preparatory language courses. It can be changed into a "residence permit for study purposes".

Please remember to apply for your visa in good time before you enter the country (at least 2 months in advance).

You should under no circumstances enter Germany with a visa for tourists or visitors! These visas cannot be changed into "residence permits for study purposes"; in this case you will have to return to your home country where you will have to apply for the required visa. The same applies to a so-called language course visa.

You can find information concerning the required documents for an application for a visa for study purposes on the internet pages of the Federal Foreign Office, the German missions abroad and the German Academic Exchange Service. Links to the respective pages can be found at the end of this page.

You can find more information about the further procedure after your entry under "residence permit for study purposes".

Residence permit for study purposes

The presence in the Federal Republic of Germany for study purposes is directed by the Residence Laws and/or the Rights of Free Movement/EU.

You are a citizen of a member state of the EU?

Then you will enjoy the right of free movement and you may enter the country without being required to have a visa.

You are a citizen of another foreign country?

Then you will need a residence permit for study purposes. You should by all means apply for it before your entrance visa expires and/or within three months after your visa-free entrance and after your registration with the local authorities at your residence.

Please present the following documents for this purpose:

- Completed application form
- Valid passport (or identity card for citizens of EU member states)
- 2 passport photographs that are suitable for biometry
- Original rental agreement and/or other suitable proof of accommodation
- Admission notice / certificate of matriculation of university/study college/supporter of preparatory language courses
- Proof of health insurance
- Proof of secure means of subsidence
- Cash for administrative fee

Please see to the extension of your residence permit in due time in order to avoid problems!

Taken from the Integration Office in Kleve. (http://integration.kreis-kleve.de/153+M52087573ab0.html?&vkvnmlvv)

14. AStA Hochschule Rhein-Waal

The AStA is the Student's Union (Der Allgemeine Studierendenauschuss). It is the student's self-administration. They represent the students and are open to your questions. They act in the students best interests to fulfil their needs. There are several departments concerning: culture, social issues, international issues, sports, finance, politics, and sustainability and public relations.

You can send them an email: asta@hsrw.org

They are located in room 09 01 004, Campus Kleve, Hochschule Rhein-Waal.

15. The Equal Opportunities in the district of Kleve

Town/Community	Telephone	E-Mail
Community Bedburg-Hau Bärbel Hünnekes	0 28 21 / 66037	baerbel.huennekes@bedburg-hau.de
Town Emmerich am Rhein Elisabeth Schnieders	0 28 22 / 75155	elisabeth.schnieders@stadt- emmerich.de
Town Geldern Sonja Liptow	0 28 31 / 398128	sonja.liptow@geldern.de
Town Goch Monika van Heek	0 28 23 / 320199	gleichstellungsbeauftragte@goch.de
Community Issum Angela Maes	0 28 35 / 1038	angela.maes@issum.de
Town Kalkar Anna Gamerschlag	0 28 24 / 13213	anna.gamerschlag@kalkar.de
Community Kerken Iris Itgenshorst	0 28 33 / 922186	Iris.itgenshorst@kerken.de
Town Kevelaer Annette Valenta	0 28 32 / 122618	annette.valenta@stadt-kevelaer.de
Town Kleve Andrea Perau	0 28 21 / 85542	andrea.perau@kreis-kleve.de
Town Kleve Yvonne Tertilte-Rübo	0 28 21 / 84279	yvonne.ruebo@kleve.de
Town Rees Birgit Fischer	0 28 51 / 51150	birgit.fischer@stadt-rees.de
Town Straelen Dorothea Genings	0 28 34 / 91530 oder	dorothea_genings@straelen.de
Community Weeze Rita Bloch	0 28 34 / 702222 0 28 37 / 910169	rita.bloch@weeze.de

16. Websites

Ministries:

http://www.mags.nrw.de/ (Ministry of Work, Integration and Social Issues) http://www.mgepa.nrw.de/ (Ministry of Health, Emancipation, Care and Age in NRW) http://www.bmfsfj.de (National Ministry of Family, Elderly, Youths and Women) http://www.kinder-ministerium.de (Ministry of Children)

Job and Career:

http://www.arbeitsagentur.de (Job Centre)
http://www.minijob-zentrale.de (Legal Advice for Student Jobs)
http://www.zukunft-im-beruf.de (Future Job Advice)

Entrepreneurs:

http://www.ihk-niederrhein.de (Chamber of Industry and Commerce)
http://www.unternehmerinnenforum-niederrhein.de (Women's Entrepreneur Forum)
http://www.startercenter.nrw.de
http://www.chefin-online.de (Women in managerial positions)

Bullying/Sexual Harassment at the Work Place:

http://www.mobbing-zentrale.de

Violence Against Women:

Services available in the district of Kleve: http://www.zuhause-gewalt.de http://www.frauenrechte.de (women's rights) http://www.weisser-ring.de (Victim Protection Organisation) Nationwide Helpline: https://www.hilfetelefon.de/de/startseite/

Women's Counselling Centres

www.frauenberatungsstellen-nrw.de (Women's Counselling Centre)

Men's Counselling Centres

http://www.vaeter.nrw.de/ (Men's Counselling Centre)

Women's Health:

http://www.gesundheit.nrw.de (Health in NRW)

http://www.bzga.de (Federal Centre for Health Education) http://www.profamilia.de/ (Organisation for Family Planning) http://psychotraumatologie.de (Psychological Trauma) http://frauengesundheit.de (Women's Health)

Women's Organisations:

http://www.frauenrat.de (National Council of German Women's Organizations) http://www.frauen-nrw.de (Women in NRW)

Children/ Child care:

http://www.dksb.de (German Child Protection Agency) http://www.kid-klick.de (When looking for child care)

Girls:

http://www.girlsday.de http://www.zartbitter.de (Against sexual abuse) http://www.promaedchen.de (Pro-Girls)

Boys:

http://www.neue-wege-fuer-jungs.de (New Ways for Boys)

Disability:

http://www.bkmf.de (German Association for People of Short Stature and their Families) http://www.netzwerk-nrw.de (Disabled Girls and Women/With Chronic Illnesses) http://www.selbsthilfe-online.de (Self-help for disabled or chronically ill people) http://www.weibernetz.de (Women's Network) http://www.familienratgeber.de (Family Advice)

www.selbsthilfenetz.de (Self-help)

17. About Us

Published by Yvonne Tertilte-Rübo Anica Waldendorf Jana Hefner Vania Faraj

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